

Massages

Back + legs + feet 30' 39' CANDLE MASSAGE (hot oil on table) Complete 1h 66' AROMA TOUCH (essential oils) Back + head + feet 1h 66' CELL SYMPHONY PROTOCOL (HE) Manages symptoms, responds to the body's needs and root 30' 42' Causes MIX (table top) Cupping + massage 1h 64' 1h30 96' BABY/CHILD MASSAGE (parents initiation) One session 30' 39' SHIROSHAMPI (on chair) Complete 40' 50' BALANCING (talcum on table) Complete 1h 64' COCOON (on table + self-heating mud on back) Back + legs + feet 45' 68' JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50' 54' With scalp 1h 64' THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45' 54' CUPPING (cupping) 45' 54' BYPNOSIS SESSION (stop smaking, weight loss) 64' B-SESSION PACKAGE ♥	SWEDISH-CALIFORNIAN (oil on table)	A1	0.11
CANDLE MASSAGE (hot oil on table) Complete 1h 666 AROMA TOUCH (essential oils) Back + head + feet 1h 666 CELL SYMPHONY PROTOCOL (HE) Manages symptoms, responds to the body's needs and root causes MIX (table top) Cupping + massage 1h 644 1h30 966 BABY/CHILD MASSAGE (parents initiation) One session 30′ 396 SHIROSHAMPI (on chair) Complete 40′ 506 BALANCING (talcum on table) Complete 1h 646 COCOON (on table + self-heating mud on back) Back + legs + feet 45′ 686 UJAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 546 With scalp 1h 647 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 546 CUPPING (cupping) 45′ 546 B-SESSION PACKAGE ♥	·		64€
AROMA TOUCH (essential oils) Back + head + feet 1h 666 CELL SYMPHONY PROTOCOL (HE) Manages symptoms, responds to the body's needs and root causes MIX (table top) Cupping + massage 1h 644 1h3O 966 BABY/CHILD MASSAGE (parents initiation) One session 30' 396 SHIROSHAMPI (on chair) Complete 40' 500 BALANCING (talcum on table) COCOON (on table + self-heating mud on back) Back + legs + feet 45' 686 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50' 544 With scalp 1h 644 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45' 546 CUPPING (cupping) 45' 546 B-SESSION (stop smoking, weight loss) 644 B-SESSION PACKAGE ♥	Back + legs + feet	30′	39€
AROMA TOUCH (essential oils) Back + head + feet 1h 666 CELL SYMPHONY PROTOCOL (HE) Manages symptoms, responds to the body's needs and root causes MIX (table top) Cupping + massage 1h 644 1h30 966 BABY/CHILD MASSAGE (parents initiation) One session 30' 396 SHIROSHAMPI (on chair) Complete 40' 500 BALANCING (talcum on table) Complete 1h 646 COCOON (on table + self-heating mud on back) Back + legs + feet 45' 686 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50' 546 With scalp 1h 646 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45' 546 CUPPING (cupping) 45' 546 HYPNOSIS SESSION (stop smoking, weight loss) 646 3-SESSION PACKAGE	CANDLE MASSAGE (hot oil on table)		
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MIX (table top) Cupping + massage 1h 644 1h3O 964 BABY/CHILD MASSAGE (parents initiation) One session 30' 394 SHIROSHAMPI (on chair) Complete 40' 504 BALANCING (talcum on table) Complete 1h 644 COCOON (on table + self-heating mud on back) Back + legs + feet 45' 684 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50' 544 With scalp 1h 644 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45' 544 CUPPING (cupping) 45' 544 HYPNOSIS SESSION (stop smoking, weight loss) 644 3-SESSION PACKAGE ♥	CELL SYMPHONY PROTOCOL (HE)		
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BABY/CHILD MASSAGE (parents initiation) One session 30' 394 SHIROSHAMPI (on chair) Complete 40' 504 BALANCING (talcum on table) Complete 1h 644 COCOON (on table + self-heating mud on back) Back + legs + feet 45' 684 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50' 544 With scalp 1h 644 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45' 544 CUPPING (cupping) 45' 544 HYPNOSIS SESSION (stop smoking, weight loss) 644 3-SESSION PACKAGE ♥	MIX (table top)		
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SHIROSHAMPI (on chair) Complete 40′ 50¢ BALANCING (talcum on table) Complete 1h 64¢ COCOON (on table + self-heating mud on back) Back + legs + feet 45′ 68¢ JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 54¢ With scalp 1h 64¢ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 54¢ CUPPING (cupping) 45′ 54¢ HYPNOSIS SESSION (stop smoking, weight loss) 64¢		Th3O	96
SHIROSHAMPI (on chair) Complete 40° 500 BALANCING (talcum on table) Complete 1h 640 COCOON (on table + self-heating mud on back) Back + legs + feet 45° 680 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50° 540 With scalp 1h 640 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45° 540 CUPPING (cupping) 45° 540 HYPNOSIS SESSION (stop smoking, weight loss) 640 3-SESSION PACKAGE ♥	BABY/CHILD MASSAGE (parents initiation)		
BALANCING (talcum on table) Complete 1h 644 COCOON (on table + self-heating mud on back) Back + legs + feet 45′ 684 JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 544 With scalp 1h 644 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 544 CUPPING (cupping) 45′ 544 HYPNOSIS SESSION (stop smoking, weight loss) 644	One session	30'	39
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COCOON (on table + self-heating mud on back) Back + legs + feet 45′ 68⁴ JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 54⁴ With scalp 1h 64⁴ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 54⁴ CUPPING (cupping) 45′ 54⁴ HYPNOSIS SESSION (stop smoking, weight loss) 64⁴	Complete	40'	50
COCOON (on table + self-heating mud on back) Back + legs + feet 45′ 68⁴ JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 54⁴ With scalp 1h 64⁴ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 54⁴ CUPPING (cupping) 45′ 54⁴ HYPNOSIS SESSION (stop smoking, weight loss) 64⁴			
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Back + legs + feet 45′ 68€ JAPANESE FACE MASSAGE (on table + self-heating mud) Décolleté + neck + face 50′ 54€ With scalp 1h 64€ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45′ 54€ CUPPING (cupping) 45′ 54€ HYPNOSIS SESSION (stop smoking, weight loss) 64€ 3-SESSION PACKAGE ♥	COCOON (on table + self-heating mud on back)		
Décolleté + neck + face 50° 54€ With scalp 1h 64€ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45° 54€ CUPPING (cupping) 45° 54€ HYPNOSIS SESSION (stop smoking, weight loss) 64€ 3-SESSION PACKAGE ♥	Back + legs + feet	45'	68
Décolleté + neck + face 50° 54€ With scalp 1h 64€ THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45° 54€ CUPPING (cupping) 45° 54€ HYPNOSIS SESSION (stop smoking, weight loss) 64€ 3-SESSION PACKAGE ♥			
With scalp 1h 644 THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45° 544 CUPPING (cupping) 45° 544 HYPNOSIS SESSION (stop smoking, weight loss) 644 3-SESSION PACKAGE ♥		50 1	
THAÏ PIEDS (milk foot reflexology on table) Feet + knees 45° 54€ CUPPING (cupping) 45° 54€ HYPNOSIS SESSION (stop smoking, weight loss) 64€ 3-SESSION PACKAGE ♥			
Feet + knees 45° 54€ CUPPING (cupping) 45° 54€ HYPNOSIS SESSION (stop smoking, weight loss) 64€ 3-SESSION PACKAGE ♥	With scalp	Th	64
CUPPING (cupping) 45' 54' HYPNOSIS SESSION (stop smoking, weight loss) 64' 3-SESSION PACKAGE ♥	THAÏ PIEDS (milk foot reflexology on table)		
HYPNOSIS SESSION (stop smoking, weight loss) 64 3-SESSION PACKAGE ♥	Feet + knees	45'	54
3-SESSION PACKAGE ♥	CUPPING (cupping)	45'	54
3-SESSION PACKAGE ♥	HYDNOSIS SESSION (stop smoking, weight loss)		6/4
	TITE NOOTO OLOGION (Stop Smoking, Weight loss)		041
Supplement according to massage 3h 180 4	3-SESSION PACKAGE ♥		
	Supplement according to massage	3h	180

NEW : Sale of fumigation items and stone bracelets to enhance your well-being.

Esthetics

Eyebrows or lip	15'	11:
Bikini line or underarms	15'	15:
Brazilian bikini	20'	23
Full bikini	30'	27
½ legs or thighs	20'	21
Full legs	40'	34
Back or chest	20'	25
Shoulders	15'	13
WOMEN'S PACKAGES		
Lip + eyebrows	20'	18
Face	30'	from 24
Single bikini + underarms	30'	26
½ legs + single bikini or underarms	35'	32
½ legs + single bikini + underarms	1h	45
Full legs + bikini line or underarms	1h	45
Full legs + single bikini + underarms	1h15	56
FACE CARE		
Teen facial (skin cleansing)	45'	50
Precious facial care	1h	71
Revitalising, anti-wrinkle and detox treatment	1h30	98,50
Collagen anti-wrinkle treatment (soluble collagen threads)	1h45	126
HAND & FOOT BEAUTY		
Simple manicure or simple foot beauty treatment	45'	38
Calluspeeling (anti-callus treatment)	45'	46
Semi-permanent varnish	1h	from 37
Nail tips	2h	from 66
Simple nail removal		from 16
BODY CARE		
Body scrub (bring towel)	40'	43
Mother-to-be massage	1h15	77
Brazilian massage (Madero therapy) Draining, anti-cellulite, toning, slimming	1h30	96
WELL-BEING PACKAGES ♥		
<u>L'Escale Découverte:</u> 30' radiance-boosting facial treatment + Zen modelling of the back, hind legs and feet	1h	80
L'Escale Bien-Être: precious facial treatment 1h	2h	139
+ 1 hour body modelling		

Coiffure

Shampoo + cut + style short hair	34.50
Shampoo + cut + style long hair	38,50
Shampoo + style short hair	24,50
Shampoo + style long hair	28,50
MEN'S PACKAGES	
Shampoo + cut + style	22,50
Cut	20
Brush cut	24
BARBER SERVICE	
Beard maintenance with trimmer	9:
Full beard trimmer	13:
CHILDREN'S PACKAGES	
Girls: shampoo + cut + styling (up to 12 years)	24
Boys: shampoo + cut + style (up to 12 years)	18 [:]
OTHER SERVICES	
Colour	35,50
Bleaching	39:
Additional dose of colour or patina (depending on length)	15 to 25
Highlights for short hair	45
Medium-length highlights	55
Long hair highlights	65
Conditioner and/or detangler (without rinsing)	5
Repairing treatment	15:
Styling mousse	5: 10:
Straightening iron or curling iron supplement Short hair perm	40:
Short hall beith	
<u>'</u>	55:
Long hair perm	55 [.]
Long hair perm BUNS & BRAIDS	
Long hair perm BUNS & BRAIDS Simple	49:
Long hair perm BUNS & BRAIDS Simple Bridal Braid	554 494 654 16 to 264



MAKE YOUR Appointment



Massages

Bénédicte +33 (0)6 77 19 89 67

By appointment Monday, Wednesday, Friday, Saturday + Thursday 1 May, 8 May, 29 May

(Outside France: contact via Whatsapp)



Esthetics

Marie +33 (0)6 59 75 91 64

By appointment

In April, May, June and September: Mondays and Thursdays afternoon. In July/August: Monday, Thursday, Tuesday afternoon + other days by appointment.



Coiffure

Nathalie +33 (0)6 33 61 45 33

By appointment Tuesday, Thursday and friday