



Wellness

MENU



Massages

SWEDISH-CALIFORNIAN (oil on table)

Complete	1h	64€
Back + legs + feet	30'	39€

CANDLE MASSAGE (hot oil on table)

Complete	1h	66€
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AROMA TOUCH (essential oils)

Back + head + feet	1h	66€
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CELL SYMPHONY PROTOCOL (HE)

Manages symptoms, responds to the body's needs and root causes	30'	42€
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MIX (table top)

Cupping + massage	1h	64€
	1h30	96€

BABY/CHILD MASSAGE (parents initiation)

One session	30'	39€
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SHIROSHAMPI (on chair)

Complete	40'	50€
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BALANCING (talcum on table)

Complete	1h	64€
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COCOON (on table + self-heating mud on back)

Back + legs + feet	45'	68€
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JAPANESE FACE MASSAGE (on table + self-heating mud)

Décolleté + neck + face	50'	54€
With scalp	1h	64€

THAÏ PIEDS (milk foot reflexology on table)

Feet + knees	45'	54€
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CUPPING (cupping)

45'	54€
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HYPNOSIS SESSION (stop smoking, weight loss)

64€

3-SESSION PACKAGE ♥

Supplement according to massage	3h	180€
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NEW : Sale of fumigation items and stone bracelets to enhance your well-being.

The massages are intended to relax and unwind. They are not for therapeutic purposes. Minors wishing to receive a well-being massage must be accompanied by an adult.

Esthetics

WOMEN'S DEPILATORY WAXING

Eyebrows or lip	15'	11€
Bikini line or underarms	15'	15€
Brazilian bikini	20'	23€
Full bikini	30'	27€
½ legs or thighs	20'	21€
Full legs	40'	34€
Back or chest	20'	25€
Shoulders	15'	13€

WOMEN'S PACKAGES

Lip + eyebrows	20'	18€
Face	30'	from 24€
Single bikini + underarms	30'	26€
½ legs + single bikini or underarms	35'	32€
½ legs + single bikini + underarms	1h	45€
Full legs + bikini line or underarms	1h	45€
Full legs + single bikini + underarms	1h15	56€

FACE CARE

Teen facial (skin cleansing)	45'	50€
Precious facial care	1h	71€
Revitalising, anti-wrinkle and detox treatment	1h30	98,50€
Collagen anti-wrinkle treatment (soluble collagen threads)	1h45	126€

HAND & FOOT BEAUTY

Simple manicure or simple foot beauty treatment	45'	38€
Calluspeeling (anti-callus treatment)	45'	46€
Semi-permanent varnish	1h	from 37€
Nail tips	2h	from 66€
Simple nail removal		from 16€

BODY CARE

Body scrub (bring towel)	40'	43€
Mother-to-be massage	1h15	77€
Brazilian massage (Madero therapy)	1h30	96€
<i>Draining, anti-cellulite, toning, slimming</i>		

WELL-BEING PACKAGES ♥

<u>L'Escale Découverte</u> : 30' radiance-boosting facial treatment + Zen modelling of the back, hind legs and feet	1h	80€
<u>L'Escale Bien-Être</u> : precious facial treatment 1h + 1 hour body modelling	2h	139€
<u>L'Escale Tentation</u> : 30' radiance facial treatment + 45' body scrub + 1h body modelling	2h15	152€

Coiffure

WOMEN'S PACKAGES

Shampoo + cut + style short hair	34,50€
Shampoo + cut + style long hair	38,50€
Shampoo + style short hair	24,50€
Shampoo + style long hair	28,50€

MEN'S PACKAGES

Shampoo + cut + style	22,50€
Cut	20€
Brush cut	24€

BARBER SERVICE

Beard maintenance with trimmer	9€
Full beard trimmer	13€

CHILDREN'S PACKAGES

Girls: shampoo + cut + styling (<i>up to 12 years</i>)	24€
Boys: shampoo + cut + style (<i>up to 12 years</i>)	18€

OTHER SERVICES

Colour	35,50€
Bleaching	39€
Additional dose of colour or patina (<i>depending on length</i>)	15 to 25€
Highlights for short hair	45€
Medium-length highlights	55€
Long hair highlights	65€
Conditioner and/or detangler (<i>without rinsing</i>)	5€
Repairing treatment	15€
Styling mousse	5€
Straightening iron or curling iron supplement	10€
Short hair perm	40€
Long hair perm	55€

BUNS & BRAIDS

Simple	49€
Bridal	65€
Braid	16 to 26€
Jewellery or feather accessories	7€



MAKE YOUR Appointment



Massages

Bénédicte

+33 (0)6 77 19 89 67

By appointment

Monday, Wednesday, Friday, Saturday
+ Thursday 1 May, 8 May, 29 May

(Outside France: contact via Whatsapp)



Esthetics

Marie

+33 (0)6 59 75 91 64

By appointment

In April, May, June and September:
Mondays and Thursdays afternoon. In
July/August: Monday, Thursday, Tuesday
afternoon + other days by appointment.



Coiffure

Nathalie

+33 (0)6 33 61 45 33

By appointment

Tuesday, Thursday and Friday

Payment by credit card or cash.