



# Wellness

MENU



# Massages

## PARTIAL MESSAGES

|                                                          |     | Solo | Duo  |
|----------------------------------------------------------|-----|------|------|
| <b>Pyrenean – Relaxing</b>                               | 30' | 40€  | 80€  |
| Back + legs                                              |     |      |      |
| <b>Lights legs– Draining</b>                             | 30' | 40€  | 80€  |
| Relieves muscle fatigue                                  |     |      |      |
| <b>DCT – Profound Relaxation</b>                         | 45' | 60€  | 120€ |
| Back + neck + head                                       |     |      |      |
| <b>Lifting Facial Massage – Natural Anti-Ageing Lift</b> | 1h  | 60€  |      |
| Traditional Japanese facial massage.                     |     |      |      |
| <u>Treatment plan (6 to 10 sessions):</u>                |     |      |      |
| ✓ 6 sessions – 6th session at half price!                |     |      |      |
| ✓ 10 sessions – 10th session free!                       |     |      |      |

## FULL BODY MESSAGES

|                                                                                                                                     |      | Solo | Duo  |
|-------------------------------------------------------------------------------------------------------------------------------------|------|------|------|
| <b>Torreillan – Gentle &amp; Enveloping</b>                                                                                         | 1h   | 70€  | 140€ |
| <b>Swedish – Relaxing &amp; deep</b>                                                                                                | 1h10 | 90€  |      |
| Intensive and firm, relieves muscle tension                                                                                         |      |      |      |
| <b>5 continents – Relaxing &amp; revitalising</b>  | 1h10 | 90€  | 180€ |
| Boosts the immune system                                                                                                            | 1h30 | 130€ | 260€ |

## REFLEXOLOGY

|                                                                                                                         |      |     |  |
|-------------------------------------------------------------------------------------------------------------------------|------|-----|--|
| <b>Foot, Hand, or Cranial reflexology</b>                                                                               | 45'  | 55€ |  |
| Massage of feet, hands or head using acupressure point.                                                                 |      |     |  |
| <b>Yumi feet + Foot reflexology</b>  | 1h10 | 80€ |  |
| Callus treatment combined with foot reflexology.                                                                        |      |     |  |

## ♥NEW: HEAD SPA

Japanese deep scalp massage & treatment.

|                                                                                                                |      |      |  |
|----------------------------------------------------------------------------------------------------------------|------|------|--|
| o Scalp treatment + shampoo + hair care (included facial and decollete massage)                                | 45'  | 60€  |  |
| o Scalp treatment + shampoo + hair care (included steam treatment and jets, decollete massage and facial care) | 1h30 | 120€ |  |

## LUXOPUNCTURE (Smoking cessation, stress relief, weight loss, sleep improvement, menopause support...)

Infrared radiation on acupuncture points.

An innovative method with exceptional results.

|                                |     |  |
|--------------------------------|-----|--|
| 1 session                      | 50€ |  |
| 7 sessions – 7th session free! |     |  |

# Aesthetic

## FACIALS

|                           |    |     |
|---------------------------|----|-----|
| Purifying or moisturizing | 1h | 50€ |
| Complete skin cleansing   | 1h | 65€ |
| Anti-aging                |    | 54€ |
| Pure collagen silk yarns  |    | 80€ |
| Soothing after-sun        |    | 44€ |

## BODY CARE

|                            |  |          |
|----------------------------|--|----------|
| Body scrub                 |  | 40€      |
| Black soap scrub           |  | 35€      |
| Madero therapy (1 session) |  | 50€      |
| Anti-cellulite             |  | On quote |
| Lipocavitation cure        |  | On quote |

## BEAUTY OF HANDS & FEET

|                                   |  |     |
|-----------------------------------|--|-----|
| American capsules (single colour) |  | 40€ |
| Complete hand care                |  | 35€ |
| Semi-permanent hand varnish       |  | 30€ |
| Complete foot care                |  | 45€ |
| Semi-permanent foot varnish       |  | 20€ |

## BEAUTY OF THE EYES

|                              |  |     |
|------------------------------|--|-----|
| Eyebrow tint                 |  | 25€ |
| Eyelash Enhancement + Dyeing |  | 45€ |
| Browlift + Stain             |  | 45€ |

## HAIR REMOVAL

|                       |  |     |
|-----------------------|--|-----|
| Eyebrows              |  | 10€ |
| Armpits               |  | 15€ |
| Arm                   |  | 18€ |
| Classic Jersey        |  | 15€ |
| Brazilian Jersey      |  | 20€ |
| Full Shirt            |  | 30€ |
| Half legs             |  | 20€ |
| Whole legs            |  | 28€ |
| Eyebrows + Lip        |  | 16€ |
| Eyebrows + Lip + Chin |  | 20€ |

## HAIR REMOVAL FOR MEN

|         |  |     |
|---------|--|-----|
| Back    |  | 25€ |
| Torso   |  | 25€ |
| Armpits |  | 15€ |
| Nose    |  | 10€ |

## MAKEUP

|                                                 | Day | Evening  |
|-------------------------------------------------|-----|----------|
|                                                 | 20€ | 25€      |
| Permanent make-up (eyebrows, candy lips, liner) |     | On quote |

# Hairstyle

## WOMEN'S PACKAGES

|                                              | Short | Mid-length | Long |
|----------------------------------------------|-------|------------|------|
| Shampoo + blow dry                           | 20€   | 25€        | 28€  |
| Shampoo + cut + blow dry                     | 30€   | 35€        | 38€  |
| Shampoo + colour + blow dry                  | 45€   | 50€        | 55€  |
| Shampoo + colour + cut + blow dry            | 55€   | 60€        | 65€  |
| Shampoo + Highlights + Blow Dry              | 65€   | 70€        | 75€  |
| Shampoo + highlights + cut + blow dry        | 75€   | 80€        | 85€  |
| Shampoo + highlights + colour + blow-dry     | 85€   | 90€        | 95€  |
| Shampoo + highlights + colour cut + blow dry | 95€   | 100€       | 105€ |
| Shampoo + perm + blow-dry                    | 55€   | 60€        | 65€  |
| Shampoo + perm + cut + blow dry              | 65€   | 70€        | 75€  |

## PACKAGES

|                             |     |
|-----------------------------|-----|
| Shampoo + cut + style       | 20€ |
| Beard maintenance (trimmer) | 10€ |

## JUNIOR PACKAGES

|            | - 12 years old | 12 to 18 years old |
|------------|----------------|--------------------|
| Boys' fit  | 14€            | 16€                |
| Girls' fit | 16€            | 26€                |

## ADDITIONAL OPTIONS

|                              |          |
|------------------------------|----------|
| Shampoo                      | 3€       |
| Reinforcing foam             | 3€       |
| Patina                       | 25€      |
| Fringe                       | 3€       |
| Care                         | 5€       |
| Exfoliation, discoloration   | 20€      |
| Cup                          | 20€      |
| Hair straightener supplement | 7€       |
| Additional dose              | 5 to 15€ |
| Permanent double winding     | 10€      |



# TAKE YOUR Appointment



## Massage

Anne, Thierry &  
Juliette +33 (0)6 81 14 07  
26

By appointment  
by text message



## Aesthetic

Lucile  
+33 (0)6 48 17 09 71  
By appointment



## Hairstyle

Anaïs  
+33 (0)7 87 87 82 72  
By appointment

Payment methods:

Massage: credit card, cheque, cash, paylib, holiday vouchers. Aesthetic: Cash, credit card Hairstyle: cheque, cash, credit card